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Indigo Children

Key words

Most likely born 1980-1990

Warrior

Non conforming

Rebellious

Intense

Gifted/talented

Strong sense of self-importance

Psychically aware

Challenging

Tempers

Attitude

Relating to the Element of Fire

The *main* influx of the children labelled 'the indigo children' occurred between the periods of 1980 -1990.

This is certainly not to state that no Indigos have been born outside this period, as this is grossly untrue. One of my dearest friends is an 'adult indigo' in her mid 40's.

Some Indigo's were born prior to 1980 and some after 1990. They incarnate, as they are needed.

The period of 1980 to 1990 was/is merely the 'time frame' when the largest group of these special children arrived.

The term 'Indigos' refers to the colour that is predominant in the aura of these children/adults.

Indigo represents the third eye chakra, which is the seat of all intuition and psychic abilities.

Indigos are strong children, born with a 'warrior' energy, which often made them rebellious, non-conformist, and emotional to the extreme.

Many Indigos are highly gifted in academic ways.

They were born to make change- to 'stir the pot' so to speak; to question authority and to break down establishment and in its place build structures.

Many, many times these children were diagnosed as ADD (attention deficit disorder) or labelled as children with behaviour and attitude problems.

Indigos have problems with discipline – the fact that they are so very wise does not really help them when, as kids who are expected to 'fall in line' with systems and beliefs, they are constantly seen as disruptive and unruly.

'Towing the line' is something they just cant do.

Indigos have come into this world with certain challenges to overcome. Their inability to conform often makes childhood and being an adult, a very difficult process for both the child and the parents involved.

An Indigo child will present as either totally empathic and caring or totally harsh, callous and indifferent.

They are different and strong – they are children born with a purpose to fulfil and this makes them at times very 'outside' the realm of what is considered 'normal'.

Many Indigo children did not make it through the 80's and 90's without being medicated in one form or another in an attempt to make their behaviour 'more manageable'.

Crystal Children

Keywords

Most likely born between 1990-2000

Sensitive

Telepathic

Delayed speech patterns

Huge luminous eyes

Connected

Communicative

Caring

Earth Angels

Relating to the elements to water & air

The *main* influx of Crystal children occurred between 1990 and 2000. Like the Indigos, this is not to state that they have not arrived earlier or later than this, this is just the period when the main group arrived.

The term 'crystal children' refers to the colours found with in the auras of these children – they have 'opalescent' auras – pastel colours in multi forms.

Many crystal children were diagnosed as Autistic or as 'slow' learners due to their sometimes delayed speech patterns and intense sensitivity to outside stimuli.

It is sad that what is seen as a learning disability is infact, an advanced mind and soul at work.

Crystal children are fascinated with rocks/crystals and have minds as sharp as tacks !

They are psychically advanced and can remember anything, at any time. However, they go at their own pace, learning as required, speaking as needed.

They are a softer, gentler child than the indigo- more intent on clearing up the 'inside' world rather than the 'outside' world.

They need to feel safe and they know immediately if they are in any danger.

Because of extreme sensitivity, many Crystals cannot tolerate basic foods like milk, wheat, etc. They are also extremely sensitive to noise and to anger energy, withdrawing within themselves to find their 'safe space'

In truth, the Crystal Children are the children of the future in regards to communication- in years and cycles to come; verbal communication will be replaced by telepathic communication. The Crystal children are masters of this already.

Crystals are loving, special, sensitive and deep kids- they are aware of their inner self and feel no hesitation in retreating when life on the planet gets too difficult.

Indigo's & Crystals- the similarities

Psychic

Spiritual

Medically and scientifically labelled incorrectly

Gifted

Sensitive and reactive to foods and environmental stimuli

Sent to make change and create acceptance

Often diagnosed and medicated inaccurately

Indigos & Crystals – the differences

Temperament

Communication

Reactions to authority

Reactions to discipline

Idea of self-importance

Inner world vs. outer world

The Blue Star Children

Keywords

Energetic/ active

Strong desire to be outside

Strong connection to animals

Healing hands – the ability & wish to take away pain

Wise and knowing

Psychic/spiritual/intuitive

Adaptable

Empathic towards adult energy

Sensitive

Social/friendly

Articulate and precise vocabulary

Most *likely* born between 2000-2010

Relating to the element of Earth

The main influx of Blue Star Children is happening now and will continue until about 2010.

Like the Indigos and Crystals before them, this does not mean that Blue Stars have not come prior to this period and will not come after. It merely means that the majority of these children are arriving now.

My own daughter aged 20 and my son aged 14, are both early Blue Star's.

What is a Blue Star Child?

A Blue Star child is a soul that has been especially chosen to incarnate on the earth at this particular time. They have been chosen because of their high spiritual vibration and their ability to bring forward and adapt to change on this earth. They are true communicators between all realms of existence and they are here to aid the planet in its movement towards ascension; to remove fear and ignorance and to open hearts and minds.

Why Blue Star?

It has been revealed (through channelled communication with Archangel Michael) that the souls chosen to incarnate at this time as Blue Stars, have a blue 5-point star covering their third eye chakra.

This is said to indicate their connection not only to the Divine but also to the Earth and Her elements.

This is a symbol that is not physical (although some children do display suspicious markings in this area) but spiritual; a result of being “marked” while still on a soul level, before moving to the earth plane.

It has been said that at a time after ascension, as our human cell structure changes, to adapt to new earth conditions, the ‘Blue Star’ marking will become obvious on a physical level.

The Blue Stars and Archangel Michael

The Blue Star children have a very close association with Archangel Michael, having been chosen by him for this incarnation and the workload they will undertake.

They work with him, through him and for him on the Earth level and each of them are protected and guided by a Guardian Angel selected from Michael’s First Ray ‘team’.

One of the main areas attributed to Archangel Michael is the care and development of the Throat Chakra or Energy Centre; the seat of power of all communications.

The colour vibration pertaining to this chakra is blue.

Are all Children born at this time Blue Stars?

At the beginning of my research, I would have thought so, however, new information from on high has now led me to believe differently.

A large amount of children born at this time do exhibit ‘Blue Star’ characteristics, while others still would be placed in either the

Indigo or Crystal category (therefore being late Indigos' and late Crystals rather than Blue Stars).

Then ofcourse, there are still others who have chosen to incarnate at this time for a completely different purpose – all incarnations have reason and all have success.

Many, many of today's kids are indeed Blue Stars.

Are there two different types of Blue Stars ?

Well, yes and no.

The Blue Star kids are a mixture of '**new souls**' who have never before had a earth incarnation and '**old souls**' who have been chosen to return to Earth at this time.

The 'new souls' are different to other 'new souls' at other times in the Earth's history, in that they are incarnated already at a high level of enlightenment and awareness.

Previously, new souls needed to start the learning process at the beginning and it took many, many lifetimes to work through the lessons needed to attain enlightenment.

This is not the case with the Blue Stars- the new souls amongst them have done a 'crash course' in enlightenment and have come to this Earth at this time, spiritually aware and awakened at a very high level.

An equivalent scenario would be gaining a promotion when you have not yet worked a day in the office, and knowing what to do anyway!

We will go into this in more detail further on.

The 'old souls' that are amongst the Blue Stars are souls very near the end of the spiritual ascension ladder and are highly evolved beings. They are here because of what they can offer the Earth and Her inhabitants at this time. They are very wise, very knowing and they know about life here on earth.

Regardless of new or old soul most Blue Stars do share very similar characteristics. There are some differences ofcourse and these will be discussed as we move on .

Physical characteristics

Many people ask if there are ‘special’ markings or physical characteristics associated with Blue Stars and from what I have found, the answer is no.

The characteristics that establish Blue Star status are deeply spiritual and profound. They (the Blue Star’s) are here to touch the world on a spiritual level and physical characteristics don’t really enter into it.

Crystal children are easily identified on a physical level by their luminous wonderful eyes, however, physically, Blue Stars are and can be as different as chalk and cheese.

During my research some interesting trends showed in regards to Blue Stars and physical characteristics, for example, many Blue Stars are taller than average for their height however, no physical characteristic has been noted that one could say is ‘proof positive’ of a Blue Star child.

Blue Stars and the element of Earth

Blue Stars are here for the Earth and her inhabitants, make no mistake about that. These are children who thrive outside, who love being exposed to the elements, who love animals, trees and rocks.

A large part of the role of the Blue Stars is to work through eradicating the man made hierarchies and structures that involve the Earth and her creatures.

Unlike the Indigos, whose role was to break down outdated structures and systems that no longer served us (education,

health, religion, authority etc), the Blue Stars are here to remove boundaries and hierarchies that have been established between the inhabitants of the earth. (the realms or the kingdoms)

They are here to help us understand that no creature of the Divine is superior to another- that no class , kingdom or realm, be it human, animal, plant or mineral is better or more deserving of life than the other.

They come with the message that all inhabitants of the Earth have a soul or spirit and that no realm is superior. All are equal, each requires respect of the other.

Blue Stars are here for the Earth and her continued existence. They are here to implement change in attitudes and beliefs regarding life and its form.

Blue Star's do not have the 'warrior energy' attributed to the Indigos - they have instead 'communication energy' it is this that they will use to bring about global change; the Blue Star children will make us understand.

Parents of the Blue Stars

It is clear that special people were chosen to be born at a time in history where they would then be of an age to be the parents of the Blue Stars.

Parents of Blue Star children were chosen to come to earth when they did, so that they could live and experience what they needed to ,for when the time was right for the Blue Stars to arrive. No- one ends up with a Blue Star child by accident! YOU are your child's parent by divine planning- YOU were chosen to be the one to raise this special child. YOU were chosen because you are the one who can give this child the opportunities they require to do the work they need to do.

How blessed you are.

Blue Stars & Activity

Most Blue Stars are active, active, active.

They go at an incredible pace and have a sense of wonderment about the whole earth/living process.

This is particularly true of the 'new souls' amongst them – these souls, despite their advanced spiritual enlightenment, have NEVER had a physical incarnation prior to this. This is their first time here and EVERYTHING is brand, spanking, new to them.

They are excited, interested, enthralled and in awe of everything- be it a tree, the beach, a snail or a fence to climb over.

This is a truly new adventure for them and it is EXCITING !

They want to experience EVERYTHING, NOW !

The 'old souls' amongst them, while still very active and excited, are in fact, a little more clued in about this whole physical incarnation process and don't particularly need to swing off light fittings , chase cats and climb trees anymore.

Chances are they have done this type of thing many times before in previous incarnations, so will often appear a little bit more cautious and stand -offish regarding what activities they are going to participate in.

The 'old souls' are more aware of danger and the potential to be physically hurt than the 'new souls'

Blue Stars and Change

Well, this is what they are all about!

Most Blue Star kids are fully adaptable to change. They accept change as necessary and constant. They are comfortable in the hustle and bustle of life, and settle quickly into new homes, schools, friendships, routines and situations.

They are here at this time to help us understand that change is coming, that it is necessary and not to be feared.

In many cases, they will lead by example.

This is not to say that there won't be tantrums- Blue Stars are sensitive kids and sensitive kids get emotional. Blue Stars feel deeply and react deeply. You will know when your little darling is happy and you will certainly know when she is unhappy! If someone or some situation is unsettling to her, it will become very obvious very quick.

Blue Stars have a tendency to retreat within themselves when feeling threatened or under fire- they also have a tendency to let you and anyone else in the room know that they are NOT HAPPY !

Learning abilities

These kids learn fast!

Communication skills develop early and continue to develop as the child grows. By communication skills, I mean all forms of communicating, not necessarily just verbal.

While most of the Blue Stars I have seen do have advanced verbal skills, there were the few who followed the old adage of 'speak little, listen much' and who do most of their communicating through eye contact, touch or their own form of sign language.

How they communicate is not what is important here, it is the fact that they do that makes them stand out.

The Survey

In 2006, I conducted a survey about the Blue Star Children.

At this point, I relied totally on the 114 adults filling out the survey for accuracy of information and in many cases, these carers didn't know one way or the other whether their child was a Blue Star or not.

From my point, as an author and researcher, I was merely interested in how these little ones are going about setting out to do the huge task they had been sent here to do.

I was interested in how they work and why; how they are going about setting our world in order.

Following on from this survey I will now share with you some of feedback that was received.

Please bear in mind that none of these results are conclusive, nor are the questions in the survey meant to be used as a diagnostic tool. The survey was merely information gathering for me and it gave people an opportunity to brag about their babies !!

As stated, the survey was conducted in August 2006 and received 114 responses, the majority of which were from the child's biological mother.

Survey Results –114 responses

1. What is your relation to the child in question (the Blue Star child)?

Of the 114 responses recorded, 83% were the child's bio mother with the remaining 17% being Grandparents, Aunties, Nannies and Friends

2. What year was the child born?

88% of responses were on behalf of kids born between 2000 and 2006. The remaining 12% were children or adults born prior to 2000. (older Blue Stars)

3. What sex is the child?

55.8% female, 44.2% male

4. What position in the family (amongst siblings) is this child?

51.3% of children were the first-born child into the family

25.7 % were second born

The remaining 23% was made up of children born into 3rd, 4th, 5th position in a family.

5. Is this child one of a multiple birth?

94.7% of children were **NOT** one of a multiple birth

5.3% of children were part of a multiple birth

6. The year of birth of the child's MOTHER?

52% of birth mothers were born in the years 1970-1979

33% of birth mothers were born in the years 1960-1969

The remaining 15% were born in the years prior to 1960 or after 1979

7. The year of birth of the child's FATHER?

43% of birth fathers were born in the years 1960-1969

40% of birth fathers were born in the years 1970-1979

The remaining 17% were born in the years prior to 1960 or after 1979

8. Child's eye colour

Brown 33%

Blue 38%

Green 4%

Hazel 14%

Black 1%

Other 10%

9. Child's hair colour

Blonde 25%

Brown 35%

Black	6%
Red	4%
Orange	nil
Other colours and variants on the above 30%	

10. Child's height for age

Short for age	15%
Average height for age	35%
Tall for age	50%

11. Childs weight for age

Under average weight for age	20%
Average weight for age	60%
Over average weight for age	20%

12. Birthmarks or unusual skin discolouration

Many variations were reported, with no particular mark or discolouration appearing in the majority.

13. Briefly describe your child's communication skills

Communication skills rated highly. Most people used the words 'articulate' and 'conversation' in describing their child- most carers rated their child's communication skills as above average and commented that their child spoke at an early age. Social interaction and confidence in regards to communication were also noted as was maturity and the wide vocabulary the child drew from to form conversation.

14. In normal everyday circumstances the child is

Active	29%
Social/friendly	29%
Outgoing	17%
Other	25%

**it was interesting to note how many carers made
appoint of how the child loved to be outdoors

15. Five words or less to describe your Childs activity levels

The responses to this question left me in no doubt about
the answer

ACTIVE and OUTGOING.

16. Positive Personality Aspects

Not surprisingly, these kids are said to be humorous,
warm, witty, intelligent, straightforward, comfortable,
cautious, kind, deep, bright, outgoing, empathic and
caring

Negative Personality aspects

Fussy, sensitive, overly aware of energy changes, over
dramatic, tantrums, takes criticism to heart, impatient

17. Personality Traits

Parents were asked to choose one of the following that
best represented their child :

Accepts challenges	18%
Learns fast	20%
Adapts easily to change	16%

Senses danger or unsafe situations	13%
Cries easily	9%
Stands back and observes	10%
Becomes frightened easily	4%
Has an 'imaginary' friend	9%

None of the above observations are too surprising in relation to Blue Stars.

They are changeable and motivated. Smart and quick to learn. They are often far too grounded in reality to have too many imaginary friends- more often than not, they makes friends with a rock, a branch or an animal, and to a Blue Star Child, there is nothing imaginary about that !

18. Diet

Overall, food and drink is not a huge ordeal for the Blue Stars. Where the Crystal children are well known for their sensitivity to foods, Blues Stars are relatively easily pleased and their digestive systems seem to cope well..

Most parents indicated that their child choose from a variety food and drink and tolerated change to diet when required.

Many of the children surveyed were eating from diets that were low in wheat , diary and meat (due to the parents dietary preferences). The majority of children surveyed were on low sugar diets as well. In regards to eating times, there was no set pattern with most kids eating as required as growing kid should.

19. Illness

In response to the question “Has your child been diagnosed with any illness or on-going health condition...ie...autism, asthma, ADHD etc , 76% of carers answered NO, with 24 % answering Yes.

Notable amongst the illnesses diagnosed were:- asthma and allergies.

Most Blue Star children seem to be of a sturdy, strong, healthy constitution.

20. Sleeping

50% of carers rated their child's sleep routine as consistently good with the remaining carers rating their children's sleep between inconsistent, restless and poor.

21. General Questions

Carers were asked to identify any of the following that they felt relates to their child. (The numerical figure indicates responses out of 114)

Loves water	94
Wants to be outdoors regularly	100
Seems very distant at times	42
Climbs	74
Has no fear	59
Feels responsible for others	60
Offers to help	85
Loves stones, rocks, crystals etc	83
Loves animals	97
Sees fairies, angels etc	42
Relates to plants and nature	77
Loves the colour blue	60
Draws or creates unusual work	60
Talks about past lives	30
Touches to heal or take away pain	43
Listens to music intently	81
Picks up on adult energy	95
Understands more than his/her years	81
Comments that certain foods make them 'sad'	20

22. Playing

Carers indicated that 75% of the children preferred to be outside rather than indoors.

23. Colours

Carers were asked to indicate the child's colour preferences if known.

Each of the colours mentioned rated between 80 and 90 responses Red, white, blue, green, orange, yellow, rainbow.

24 Education

Carers were asked whether they had specific education plans for the child.

Amongst those mentioned frequently were home- school, Rudolph Steiner and public school system.

25. Religion

It is interesting to note that the majority of parents/carers believe their child should be allowed to choose belief systems for themselves and even, at this early stage, are in the process of doing this. Many carers feel that by giving the child a sound spiritual base, the child will find their own path. Only one carer of the 114 surveyed said that she fully expected her child to stay devoted to the religion in which she is raised.

26. Describing the Child

Old and wise, sensitive, unearthly- these are the three words/phrases that most carers chose to describe their Blue Star.