

52 Doorways

©

BY
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52 Doorways to Knowing You ©

By Lisa Ballico

These are 52 questions that I have found relevant in my own spiritual journey.

I call them my 'doorways' because they open up and lead you through to new worlds and new ways of seeing.

There is one doorway per week, over the period of a year. Doorway One, 'Who am I now?' MUST be opened first in week one - after that the sequence which you open your doors is entirely up to you and you can open any doorway that you wish.

You cannot be wrong - this is about you and you alone.

I would suggest you have an exercise book that will allow a few pages to be used for each doorway and its meanings. If you are computer minded, then a web log or online diary will do just as well.

It is important that you give each doorway an immediate answer (even if it is only a few words) before you set about working within the doorway for the week.

Please date and sign all of your notes.

THE KEY

The 'Key' process works like this: (remember that 'Week One' is 'Doorway One')

- 1. Choose a doorway and record the question in your exercise book etc.**
- 2. Write your initial response to the chosen question.**
- 3. Over the next seven days, keep the question in your mind, asking yourself about it at differing times, places, situations and while with different people. Notice how your reaction to the question changes in the different situations you find yourself in.**
- 4. Keep the 'I' perspective.**
- 5. Record any findings daily.**
- 6. Write the doorway down and keep it where you can see it, so as to remind yourself to look at it regularly; purse, fridge, toilet, desk, computer screen etc.**
- 7. Notice any occurrences that add to the question or subtract from it.**
- 8. Make notes of anything significant relating to the question.**
- 9. You may wish to meditate on the question but this is not a 'must do'.**
- 10. At the end of the week, take ½ hour (at least) to sit and write your thoughts, feelings and answers regarding the question - noting how far you have or have not come from the initial response.**
- 11. Enter the next doorway the following day.**

Please note:

***** It is important to use the above key even if you feel you know the answers to a certain question. There is something to be gained from each, regardless of your level of understanding*****

Each question is merely the tip of the iceberg.

It is important to note that each individual question is what I call a 'doorway' – meaning that the question itself is merely a portal to a much greater truth.

Every question will bring up many further questions and every question will lead you deeper into your path and understanding of your self. Go where the question takes you.

The Universe will lead you to what you need to know.

Do not spend more than one week on anyone doorway.

This exercise has limitless possibilities, and is by no means, only a 52-week project.

When you commence your journey at the 'Who am I now?' doorway, and then open the other 51 doors, your path will eventually lead you back to doorway one and again you will find yourself asking 'Who am I now?' From here you may continue the process again, in light of your new understanding; I assure you, the growth you record in your answers will amaze you.

YOU

These are YOUR doorways and all questions must be looked at that way. This is NOT about your parents, children, friends, workmates etc- it is about you. Start sentences with 'I have found' 'I can see' 'I agree or disagree' etc to keep yourself in the perspective of YOU.

**When we question we learn.
Open the door.**

Enjoy the journey; I would love to hear your feedback.

**Lisa Ballico
3rd December 2007**

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The Doorways

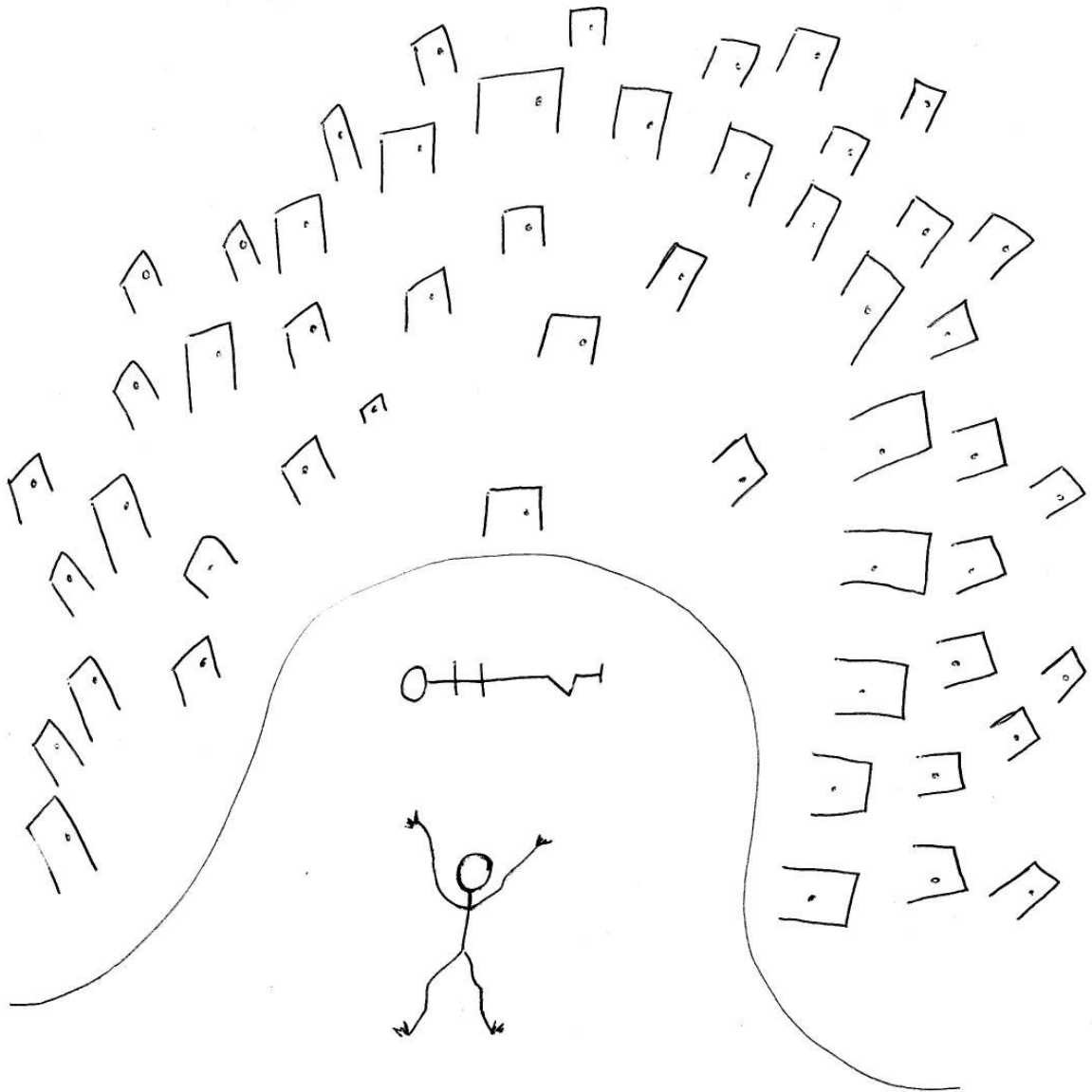
(Number one must be completed first and last)

- 1. Who am I NOW?**
- 2. Is the earth a living organism?**
- 3. Does everything have a reason?**
- 4. What will happen when I die?**
- 5. Have I lived before?**
- 6. What challenges me?**
- 7. Do I fit into my family?**
- 8. What is my perception of God?**
- 9. Do I have a purpose this lifetime?**
- 10. What is wisdom?**
- 11. How do I use my intuition?**
- 12. What is religion?**
- 13. What are the differences between manmade structure and natural order?**
- 14. What do I fear?**
- 15. Do I express the love I feel?**
- 16. What part of me is soul?**
- 17. Do I believe in reincarnation?**

- 18. What is the force that propels you?**
- 19. Who do I attract into my life?**
- 20. Am I responsible for me?**
- 21. Do I live in gratitude?**
- 22. How am I connected to the Earth and to everything around me?**
- 23. How am I unique?**
- 24. Is life cyclic or linear?**
- 25. Am I honest to me about me?**
- 26. Is my body and my life, a smaller version of the earth and its life path?**
- 27. Do I need to make others happy?**
- 28. Who can altar my life?**
- 29. Is my path in life pre planned?**
- 30. Does coincidence exist?**
- 31. How do I affect those around me?**
- 32. What is important?**
- 33. Am I carrying the pain and fear of others?**
- 34. Is anger fear?**
- 35. Do I need pain to grow?**

- 36. Free Will affects me how?**
- 37. Do I act or react?**
- 38. Is balance important?**
- 39. “All gods are one god, all goddesses are one goddess”- what does this mean to me?**
- 40. Am I an aspect of something higher?**
- 41. What are the four elements of nature?**
- 42. What are my aspects?**
- 43. Do I accept that all relationships require boundaries?**
- 44. Does unconditional love exist?**
- 45. Do I only see what I recognise and know, making me blind to the new and unknown?**
- 46. Who judges wrong and right?**
- 47. What makes me ill?**
- 48. At what stage does a soul enter a new life?**
- 49. Is my life abundant?**
- 50. Am I Divine?**
- 51. I accept that faith is belief without proof?**
- 52. Do I create my own reality?**
- 1. Who am I now?**

Number Your Doors
Mark off each doorway as you complete it.



NB
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*'Behind every door
is another door'*